Goal Setting Template

Complete a sheet for each of your goals. Take the time to identify WHY you want to accomplish this goal, your reward for achieving it, how you will know you have achieved it and the steps and deadlines to reach your goal.

☐ **GOAL:**

WHY DO I WANT TO ACCOMPLISH THIS GOAL?

HOW I WILL MEASURE MY SUCCESS?
£ increase, % increase, other measurable factor?

MY REWARD FOR REACHING THIS GOAL:

STEPS TO REACH MY GOALS: **DEADLINE:**

■ _____   ....

■ _____   ....

■ _____   ....

■ _____   ....

■ _____   ....